



HIGHPOINT ACADEMY LUNCH MENU
February, 2012



		Wednesday, 2/1	Thursday, 2/2	Friday, 2/3
		Home-style Spaghetti w/ Meat Sauce Garden Tossed Salad Garlic Roll Sliced Peaches	Sliced Chicken Teriyaki Rice Pilaf Corn Low-sugar Cookies	Pizza Day! Fresh Baked Pizza Baked Plantain Chips Low-sugar Dessert
Monday, 2/6	Tuesday, 2/7	Wednesday, 2/8	Thursday, 2/9	Friday, 2/10
Shredded Beef "Ropa Vieja" Moros (rice/black beans) Warm roll Fruit-flavored Jello	Baked Chicken Nuggets Mashed Potatoes Sliced carrots Bananas	Fettuccini w/meat sauce Garden Tossed Salad Garlic Roll Sliced Pears	Yellow rice with turkey sausage and corn Garden Tossed Salad Garlic Roll Low-sugar Pudding	Pizza Day! Fresh Baked Pizza Baked Plantain Chips Low Sugar-Dessert
Monday, 2/13	Tuesday, 2/14	Wednesday, 2/15	Thursday, 2/16	Friday, 2/17
Ground Beef "Picadillo" White rice and black beans ½ slice whole wheat bread Fruit-flavored Jello	Baked Chicken Patty Mashed Potatoes Corn Bananas	Baked Ziti Broccoli florets Garlic roll Sliced Peaches	Chicken Fricassee White Rice Garden Tossed Salad Low-sugar Brownie	Pizza Day! Fresh Baked Pizza Baked Plantain Chips Low Sugar-Dessert
Monday, 2/20	Tuesday, 2/21	Wednesday, 2/22	Thursday, 2/23	Friday, 2/24
SCHOOL CLOSED President's Day	Baked Chicken Tenders Moros (rice/black beans) Low-salt cracker Bananas	Lasagna with meat and cheese Broccoli florets Garlic roll Sliced Pears	Ground Beef "Picadillo" White rice and black beans ½ slice whole wheat bread Fruit-flavored Jello	Pizza Day! Fresh Baked Pizza Baked Plantain Chips Low Sugar-Dessert
Monday, 2/27	Tuesday, 2/28	Wednesday, 2/29		
Beef cubes with potatoes and carrots ("Carne con Papas") White Rice Fruit-flavored Jello	Baked Chicken Breasts Mashed Potatoes Corn Bananas	Beef Ravioli with Sliced carrots Garden Tossed Salad Garlic Roll Sliced Pears		
			<p>NOTES: <i>Lunch includes MILK (2% reduced fat). All Menus meet or exceed National School Lunch daily requirements.</i></p>	